

CNIC PHDAY 2024:

LEARNING FROM THE PAST FOR A BETTER FUTURE

NOVEMBER 29th



WELCOME

9:00-9:05 *Welcome speech* **Aleksandra Norczyk Simón** (PhDay 2024 Coordinator)

SESSION I

9:05-9:20 **OPENING** - Raquel Yotti Álvarez (PERTE Commissioner for Vanguard Health, former ISCIII Director)

9:20-10:45 **ROUND TABLE - How to be sustainable in any scientific path**
Carlo Battisti (MyGreenLab), Jane Kilcoyne (Marine Institute of Ireland, Sustainable EU. Lab. Net.),
José Jonay Ojeda (Quality committee IdiPaz)

10:45-11:45 **POSTER SESSION** 11:45-12:45 **LUNCH**

WORKSHOPS

13:00-13:40	Auditorium Alternative career: becoming Lab Manager Laura Grau (CNIC)	3rd floor seminar room How to implement sustainability in your lab Andrea Hodgetts (LEAF)	
13:40-14:20	Auditorium Resilience, work engagement and self-care Juan José Beunza (Universidad Europea de Madrid)	1st floor seminar room Repisalud: free dive into science Virginia Jiménez (National Health Sciences Library of the ISCIII)	2nd floor seminar room Gestión de la sostenibilidad en el animalario Ángel Naranjo (CNB)
14:20-15:00	Auditorium Tu doctorado, una puerta abierta al Departamento Médico en el sector biotecnológico y sanitario Miguel Vela (Talento EPHOS)	3rd floor seminar room How to write a MSCA-Postdoctoral Fellowship proposal Carmen Elodia Gasco Fortea (CNIC)	1st floor seminar room Towards sustainable biobanking: A step beyond conventional research Teresa Botta-Orfila (IDIBAPS)

SESSION II

15:00-15:30 **COFFEE BREAK**

15:30-16:15 **KEYNOTE LECTURE - Cambio Climático y salud. Adaptación a las temperaturas extremas**
Cristina Linares Gil/Julio Díaz Jiménez (Health and Climate Change Observatory)

16:15-16:45 *Group photo and Recognitions Ceremony*

CLOSING SESSION

16:45-17:15 **CLOSING LECTURE - Alimentación consciente y regenerativa en el marco de los objetivos de desarrollo interior (ODIs)** - Guadalupe Garrido Pastor (UPM)

17:15-17:30 *Concluding remarks* **Aleksandra Norczyk Simón** (PhDay 2024 Coordinator)

17:30 **COCKTAIL WITH PARTICIPANTS**

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